



The Mariah Fenton Gladis Foundation

Winter 2014-15

Dear Friends,

2014 was a very busy year for The Foundation. Aside from continuing to promote wellness through client therapy and workshops on forgiveness and healing, I believe our emphasis on *building lasting partnerships with like-minded community members* is just as important.

None of us, professionally or personally, can do it alone. Personally, for many years, I didn't ask for help or support, feeling that I could handle *Life* alone. As I've grown (older and wiser?), it has become increasingly apparent that I can't do it alone, AND that by welcoming help and support, I allow others to share in my experiences and I to share in theirs, enriching us both.

This year, the Foundation forged *community partnerships* with:

- ☞ **Justice4PAkids**, a coalition dedicated to bringing greater awareness regarding sexual abuse in children; Mariah worked with them to co-authored a coloring book.
- ☞ **The Center for Nonviolence and Social Justice** at Drexel University; the Foundation co-sponsored an Afternoon of Forgiveness.
- ☞ **Blue Dragonfly Pictures**, underwriting the documentary, *Mariah*.
- ☞ **Forgiveness Network**, expanding it globally to include synergistic organizations whose missions' are the message of Forgiveness.

"I really appreciated the workshop at Drexel. I gained an appreciation for what accepting/forgiving/not obsessing can do for me, and for the world. And all for free, wonderful! So thoughtful and generous." – Maureen M.

"As a result of this workshop, I've made a commitment to practice loving myself, saying no, and meditating." – Donna B.

And 2015 promises to be just as busy, if not busier! Through the Foundation,

- ☞ Mariah is scheduled to present a TED-like talk on the importance of *Life's* healing moments at the **Together In Mission Conference** in Washington, DC.
- ☞ Mariah accepted an invitation to address the Metropolitan Washington, DC **Synod of the Lutheran Church**, offering her Forgiveness Workshop.
- ☞ We are sponsoring a fund-raising concert in support of the **Fighting Back Scholarship Program**, which assists individuals who have suffered a life-changing illness or injury.

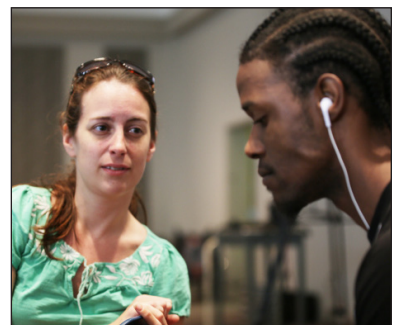
The Foundation seeks these partnerships as an outreach tool to share its broad range of programs to individuals, families, and communities who have a passionate desire to create and live better lives.

Please help us help others by considering an end-of-the-year contribution to the Mariah Fenton Gladis Foundation. All donations, small and large, will ripple out to our community and our world, and make a difference. Thank you for your past and future financial and friendship support. Your faith in our mission bolsters our passion for offering concrete tools for inner growth and healing to our local and global communities.

Happy Holidays and Happy New Year

Ron Gladis
President

Mariah Fenton Gladis Foundation



Mariah Fenton Gladis Foundation presents

A Message Of Hope Concert

Saturday, February 7, 2015, 2:30 - 4:30, Desmond Hotel, Malvern, PA

in support of the Fighting Back Scholarship Program

For info or tickets: call 610-647-4754



with Francis Dunnyery

Collaborations

With support from the Foundation, **Blue Dragonfly Pictures** is producing *Mariah*, the inspiring documentary of Mariah Gladis, a 34-year survivor of ALS, her amazing work, and



modern medical miracle — a portrait of courage in the face of life and death. Please view the trailer at www.unconditionalhopemovie.com.

Justice4PAkids recently created a coloring book, *Protect Your Amazing Body*, for children ages 5-8 to help teach about Body Safety. It was written by therapist, **Mariah Fenton Gladis**, and pediatrician, Dr. Marita Lind, and illustrated by Chester County artist, Monique Kendikian-Sarkessian.

Protect Your Amazing Body



Volunteer Wish List...

- Webmaster to design a more informative and interactive site
- Grant Writer
- Social Media Manager

Please consider a donation

Check payable to:
MFG Foundation
PO Box 1435, Paoli, PA
19301, or go to our website
www.mfgfoundation.org
and click on **donate**.
Every gift is greatly appreciated.

The Mariah Fenton Gladis Foundation Donors – 2014

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It is our intention to honor and appreciate all who have given throughout the **Calendar Year 2014**. While we strive for accuracy, we occasionally make mistakes. Please call the Foundation at 610-647-4754 to correct errors, omissions, or misspellings.

The Mariah Fenton Gladis Foundation

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